

upscale

SEX THERAPY: Keep it steamy in the bedroom

# upscale

LIVING THE AFFLUENT

LIFESTYLE



Zoë Saldana

THE BEST OF HOLLYWOOD

21 Movers & Shakers

Are "healthy" foods making you sick?

PLUS Sade Jay-Z Chilli

WOMEN WANTED

Get money & start a business (we'll show you how)

MEDICAL MISTAKES

Who's to blame? by Dr. Ian Smith

## LisaRaye's True Hollywood Story

Betrayal, infidelity and the new reality that will put her back on top

MARCH 2010

\$3.99US \$3.99CAN



www.upscalemagazine.com



**Alpaca stitch throw**  
\$225 | alejandradsunphy.com



**Layla pillow**  
\$59.95 | crateandbarrel.com



**Green tea and lemongrass soy candle**  
\$24 | paddywax.com

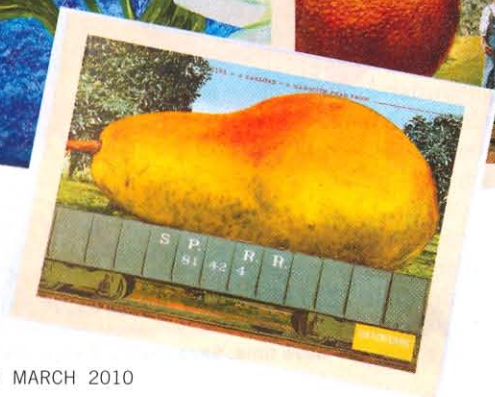
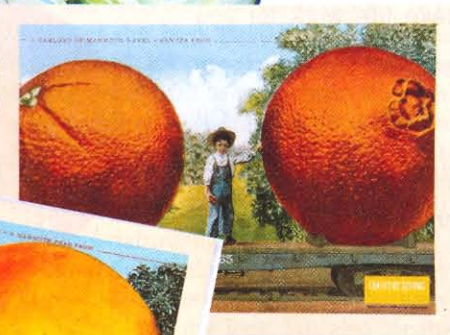


**Fuschia Pink Butterfly Effect pillow**  
\$32 | sleepyheads.com



**Floral wall mirror**  
price upon request | christopherguy.com

**Victoria + Albert Sorrento bathtub**  
\$5,000 | vandabaths.com



**Rebecca Ray placemats**  
\$29 | rebeccaraydesigns.com

**Sunflower upholstered leather chair**  
\$29 per sq. foot | digitaleather.com

