

# EVERY DAY

with RACHAEL RAY

rachaelraymag.com

**HELP** for the  
**HOLIDAYS**  
**5 THINGS**  
**EVERY COOK**  
**NEEDS** p.82

**525**  
new recipes,  
cooking fixes  
and easy  
party ideas  
**plus** how to  
make every  
meal matter

dinner  
**DONE BETTER!**  
(for as little as \$8)

*pecial*  
**DOUBLE**  
**ISSUE**

*what's  
in it  
for you?*  
find out  
on page 12

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to the  
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**\$145,463**  
**WORTH**  
**of PRIZES**  
**INSIDE!**

the new  
fast food

DECEMBER/JANUARY 2010



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**RECYCLED PAPER**



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## take a bite outta life!

# dec 09 | jan 10



**We're throwing in everything and the kitchen sink.** One reader will win an Elite Bath copper farm sink, valued at \$3,400. Enter to win at [rachaelraymag.com/giveaway](http://rachaelraymag.com/giveaway). See page 165 for rules.



### p 41

For a quick—and cheap—touch of holiday spirit, **stud a plain wreath with lollipops.** Just poke them in stick-first, then trim the sticks with a knife.



### p 59

**Don't cook solo!** Letting the kids fetch utensils and wash, clean and measure ingredients will make them feel like they really helped with dinner.



## 4 shortcuts

**p 117**  
**THE EVERY DAY MENU PLANNER**  
1 SHOPPING TRIP = 7 DINNERS



SUNDAY



MONDAY



TUESDAY



WEDNESDAY



THURSDAY



FRIDAY



SATURDAY

**p 139**  
Turn old holiday gift wrap into confetti: **Cut or shred into large squares so they're easy to clean up** later, then pile them in clear bowls or trays.

**p 154**  
**Try booking trips with a travel agent.** There's a fee, but if something goes wrong, you can call your agent—nice when there's a 100-person line at the airline ticket counter.

## coming up

Want a glimpse into the future? **Here are some things you'll learn this time next month:**

### Cheers!

How to buy wine from anywhere—and know what you're talking about

### A MEATY FETE

Why Rach's annual Burger Bash is the tastiest party in town

### Go Places

The bogus travel myths you should ignore

**CORRECTION** For the cover photographs in the October and November 2009 issues, hair should have been credited to Carrie Fernow for Cutler/Redken NYC, and makeup should have been credited to Kim White at kimwhitemakeup.com.





OUR SECOND ANNUAL GIVEAWAY!

# mega holiday gift-away!



**GRAND PRIZE**  
Win tickets to the show!

More presents (\$145,463 worth). More time to enter (two weeks per prize).  
More chances to hit the Grand Prize (two tickets to the Rachael Ray show, p. 17)—all at [rachaelraymag.com/giveaway](http://rachaelraymag.com/giveaway).

## november 2009

 Rach's 10-piece cookware sets (see p. 102)	 El Dr. rado Royale 4-night Mexican Riviera trip for two (see p. 80)	 Target \$500 gift cards (see p. 142)	 Kyoku for Men Luxury Grooming Gift Boxes (see p. 46)	 Vacation for two at the Fairmont Kea Lani in Hawaii (see p. 38)	 Crumbs Bake Shop \$50 gift cards (see p. 121)	 Mimi Green "Walk Your Dog in Style" set (see p. 26)	 OXO "Ultimate Home" packages (see p. 92)
 Whirlpool Duet Steam Washer and Dryer (see p. 24)	 Redken and Sam Villa \$500 beauty packages (see p. 19)	 Pepperidge Farm Puff Pastry gift baskets (see p. 113)	 ABC Family DVDs and flat-screen TV (see p. 50)	 MTI Whirlpools Jentle Ped Home Foot Spa (see p. 108)	 American Express \$500 gift cards (see p. 152)	 Fiesta Dinnerware 4-piece set and platter (see p. 70)	

## december 2009

 HP mini, notebook and desktop computers (see p. 36)	 CSN Stores living room sets (see p. 95)	 1-year supply of Ghirardelli baking products (see p. 131)	 Orbitz Ski Vacation in Breckenridge, CO (see p. 32)	 Hamilton Beach slow cookers and coffeemakers (see p. 20)	 Organic Valley food products for a year (see p. 65)	 Michaels \$200 gift certificate (see p. 41)	 Rachael Ray FoodTastic tote (see p. 105)
 Gourmet Monthly Clubs 6-month memberships (see p. 72)	 Motives by Loren Ridinger \$2,000 makeup trunks (see p. 144)	 Pandigital PanTouch Clear digital picture frames (see p. 154)	 Bed Bath & Beyond \$2,500 gift card (see p. 118)	 Valspar Decorative Paint Room Makeover (see p. 36)	 Crypton Super Fabrics "Doodle Dog" shopping bags and pet beds (see p. 162)	 Timex Digital men watches (see p. 140)	
 Norwegian Cruise Line 1-week cruise for two (see p. 160)	 Callaway Solaire 14-piece sets of golf clubs (see p. 52)	 Merlot Natural Grape Seed Skin Care Merlot Skin Care gift baskets (see p. 137)	 Culinary weekend for two at Hotel Viking in Newport, RI (see p. 116)	 DeLonghi Espresso Machine (see p. 45)	 1-year subscriptions to Netflix (see p. 168)	 Rejuvenation "Astron" pendant lamp (see p. 146)	 The Plaza Hotel "Live Like Eloise" overnight package (see p. 129)
 IKEA \$2,500 gift card (see p. 76)	 A Decolav double-sink bathroom vanity (see p. 55)	 Ann Clark Traditional Tin Cookie Cutters kits (see p. 88)	 Jacuzzi Hot Tub (see p. 20)	 Year's worth of Passion Growers roses (see p. 43)	 Year's worth of Yankee Candle Company candles (see p. 48)	 Love My Shoes \$100 gift certificates (see p. 158)	 Artisan Stone Collection granite kitchen countertop (see p. 61)

## january 2010

 NordicTrack Incline Trainer X3 (see p. 145)	 Lifetime supply of Arm & Hammer Spinbrushes (see p. 15)	 Elite Bath copper farm sink (see p. 10)	 Year's worth of Seventh Generation cleaning products (see p. 127)	 Activision "Ultimate Family Fun" video game bundles (see p. 166)	 PPG Pittsburgh Paints Inspiration Packs (see p. 14)	 Snow Joe Plus snow throwers (see p. 30)
 JCPenney \$200 gift cards from Coinstar (see p. 68)	 Pyrex cooking and baking products (see p. 115)	 Rugs USA handwoven Greek flokati wool rugs (see p. 29)	 Nature's Path "Sustainability Lifestyle" baskets (see p. 155)	 Bissell "Holiday Cleaning" packages (see p. 164)	 BlackBerry Curves, Music Gateways, Visor Mount Speakerphones (see p. 20)	 Il Lugano Suite Hotel in Fort Lauderdale vacation (see p. 156)

NO PURCHASE NECESSARY to enter or win. For official rules, go to page 165 or [rachaelraymag.com/giveaway](http://rachaelraymag.com/giveaway).



You can also get daily updates at [facebook.com/rachaelraymag](http://facebook.com/rachaelraymag) and [twitter.com/rachaelraymag](http://twitter.com/rachaelraymag).





### **Creamy Chestnut Soup with Candied Walnuts**

SERVES 10 PREP 15 MIN COOK 40 MIN

- 4 tablespoons unsalted butter, plus 1 tablespoon melted butter
- ¼ cup sugar
- 1 large egg white
- Salt and pepper
- 2 cups walnut halves
- 2 onions, chopped
- One 32-ounce container plus 2 cups chicken broth

- ¼ cup tawny or ruby port wine
- Two 14-ounce cans chestnuts packed in water, drained
- One 15.3-ounce can chestnut puree
- 10 tablespoons heavy cream
- ¼ cup chopped parsley

**1.** Position a rack in the center of the oven and preheat to 400°. In a medium bowl, whisk together the 1 tablespoon melted butter, the sugar, egg white and 1 pinch salt; fold in the walnuts. Spread

the walnut mixture in an even layer on a rimmed baking sheet and bake until golden-brown, 6 to 8 minutes. Using a metal spatula, loosen the nuts from the pan and transfer to a cutting board. Let cool, then coarsely chop.

**2.** In a large Dutch oven, melt the remaining 4 tablespoons butter over medium-low heat; add the onions and cook, stirring occasionally, until softened but not browned, about 10 minutes. Stir in the chicken

broth and port, cover partially and simmer for 10 minutes. Stir in the chestnuts and cook for 5 minutes. Gradually whisk in the chestnut puree and cook until heated through, about 5 minutes more. Using an immersion blender, puree the soup (or mix in batches using a standing blender). Season with salt and pepper.

**3.** Ladle the soup into 10 bowls. Swirl 1 tablespoon cream into each serving. Sprinkle the parsley and candied walnuts on top.



**Need a holiday from the holidays?** One reader will win a Gentle Ped Home Foot Spa from MTI Whirlpools, valued at \$8,811. Enter to win at [rachaelraymag.com/giveaway](http://rachaelraymag.com/giveaway). See page 165 for rules.